ADULT/ADOLESCENT CLINICAL SKILLS AND COMPETENCE

Upon completion of an Adult/Adolescent SANE didactic course nurses will work to achieve clinical competence in the skills required to work independently and effectively as a Sexual Assault Nurse Examiner. Clinical competence should be determined by the clinician's employer when the clinician meets the learning outcomes for clinical education as outlined by the International Association of Forensic Nurses SANE Education Guidelines.

The clinical logs on the following pages *are intended only as a guide* and serve as a tool for nurses to track their progress as they work toward clinical competence.

Activities and experiences that may be beneficial to the clinician working toward clinical competence may include:

Observed and Precepted Sexual Assault Examinations

Attending a SANE Clinical Skills Lab

Conducting speculum examinations and specimen collection

Anogenital inspections

Mock or simulated Sexual Assault Examinations

Observation and/or shadow experiences such as felony or sexual assault trial, crime lab, law enforcement, victim assistance organization or rape crisis center

Peer review, ongoing education, supervision, mentoring, quality assurance and quality improvement processes

Please note: these activities and experiences are merely recommendations; they are NOT requirements.

For more information about clinical competency, please visit forensicnurses.org.

CLINICAL SKILLS LOG
Adult/Adolescent

Name: _____

Date of Didactic Course Completion: _____

☐Adult/Adolescent   ☐Pediatric

This log is intended only as a guide and record-keeping tool for the trainee. It is not required documentation.

Date	Hours	Description of activity	Preceptor Information	
			Name	Contact Information

APPENDIX 1: ADULT/ADOLESCENT SEXUAL ASSAULT NURSE EXAMINER INITIAL COMPETENCY VALIDATION FORM

Learning Outcome for Clinical Education: Upon completing the clinical learning experience, participants will possess the foundational knowledge and skill required to perform as a sexual assault nurse examiner for adult/adolescent populations within their community.

Competence	Satisfactory Performance (initial/date)	Unsatisfactory Performance (initial/date)	Notes
1. Presents examination options and developmentally appropriate patient-nurse dialogue necessary to obtaining informed consent from adult and adolescent patient populations			
2. Evaluates the effectiveness of the established plan of care regarding consent and modifying or adapting based on assessment of the patient's capacity and developmental level from data collected throughout the nursing process			
3. Explains procedures associated with confidentiality to adult and adolescent patient populations			
4. Describes circumstances where mandatory reporting is necessary and explains the procedures associated with mandatory reporting to adult and adolescent patient populations			
5. Evaluates the effectiveness of the established plan of care regarding confidentiality and modifying or adapting based on the patient's developmental or level of capacity in data collected throughout the nursing process			
6. Explains medical screening			

Competence	Satisfactory Performance (initial/date)	Unsatisfactory Performance (initial/date)	Notes
procedures and options to adult and adolescent patient populations			
7. Evaluates the effectiveness of the established plan of care regarding medical evaluation/nursing assessment/treatment and modifying or adapting to meet the patient's needs based on changes in data collected throughout the nursing process			
8. Evaluates the effectiveness of the established plan of care regarding mandatory reporting requirements and modifying or adapting based on changes in data collected throughout the nursing process			
9. Identifies critical elements in the medical forensic history and review of systems and demonstrating effective history-taking, skills			
10. Demonstrates a complete head-to-toe assessment			
11. Prepares the adolescent and adult for the anogenital examination			
12. Differentiates a normal anogenital anatomy from normal variants and abnormal findings			
13. Demonstrates anogenital visualization techniques:			
a. Labial separation			
b. Labial traction			
c. Hymenal assessment (Foley catheter, swab, or other technique)			

Competence	Satisfactory Performance (initial/date)	Unsatisfactory Performance (initial/date)	Notes
d. Speculum assessment of the vagina and cervix			
14. Collects specimens for testing for sexually transmitted disease			
15. Explains rationales for specific STI tests and collection techniques			
16. Collects and preserves specimens as evidence (dependent on local practice and indications by history), including:			
a. Buccal swabs			
b. Oral swabs			
c. Bite mark swabbing			
d. Other body surface swabbing			
e. Fingernail clippings/swabbings			
f. Anal swabs			
g. Rectal swabs			
h. Vaginal swabs			
i. Cervical swabs			
j. Head hair combing/collection			

Competence	Satisfactory Performance (initial/date)	Unsatisfactory Performance (initial/date)	Notes
k. Pubic hair combing/collection			
l. Clothing			
m. Toxicology			
17. Explains rationales behind the specific type and manner of evidentiary specimen collection			
18. Packages evidentiary materials			
19. Seals evidentiary materials			
20. Explains rationales for the packaging and sealing of evidentiary material			
21. Explains how to maintain chain of custody for evidentiary materials			
22. Explains rationale for maintaining proper chain of custody			
23. Demonstrates how to modify evidence collection techniques based on the patient's age, developmental/cognitive level, and tolerance			
24. Takes appropriate actions related to consent, storage, confidentiality, and the appropriate release and use of photographs taken during the medical-forensic examination			

Competence	Satisfactory Performance (initial/date)	Unsatisfactory Performance (initial/date)	Notes
25. Obtains overall, orientation, close-up and close-up with scale for medical-forensic photodocumentation to provide a true and accurate reflection of the subject matter			
26. Evaluates the effectiveness of the established plan of care and modifying or adapting care based on changes in data collected throughout the nursing process			
27. Demonstrates effective patient-nurse dialogue establishing follow-up care and discharge instructions associated with emergency contraception and/or pregnancy termination options			
28. Demonstrates effective patient-nurse dialogue establishing follow-up care and discharge instructions associated with select sexually transmitted disease(s)			
29. Plans for discharge and follow-up concerns related to age, developmental level, cultural diversity and geographic differences			
30. Evaluates the effectiveness of established discharge and follow-up plans of care, and revises the established plan of care while adhering to current evidence-based practice guidelines			

Competence	Satisfactory Performance (initial/date)	Unsatisfactory Performance (initial/date)	Notes
31. Prioritizes the need for and implementation of crisis intervention strategies in adult and adolescent patients following sexual violence based on assessment findings			
32. Incorporates nursing process as a foundation of the nurses' decision-making, including:			
a. Assessment-collecting data pertinent to the patient's health and situation;			
b. Diagnosis-analyzing the data to determine diagnosis or issues;			
c. Outcome Identification-identifies individualized patient outcomes based on patient need;			
d. Planning-develops a plan that prescribes strategies to attain the expected outcomes;			
e. Implementation-implements the plan, including any coordination of care, patient teaching, consultation, prescriptive authority and treatment; and			
f. Evaluation-evaluates progress toward outcome attainment. (ANA, 2010)			

Name of SANE (Print)	Name of Preceptor #1 & Credentials (Print/Initials)
Name of Preceptor #2 & Credentials (Print/Initials)	Name of Preceptor #3 & Credentials (Print/Initials)
Name of Preceptor #4 & Credentials (Print/Initials)	Name of Preceptor #5 & Credentials (Print/Initials)