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Screagle Mental Health Safety Roadmap

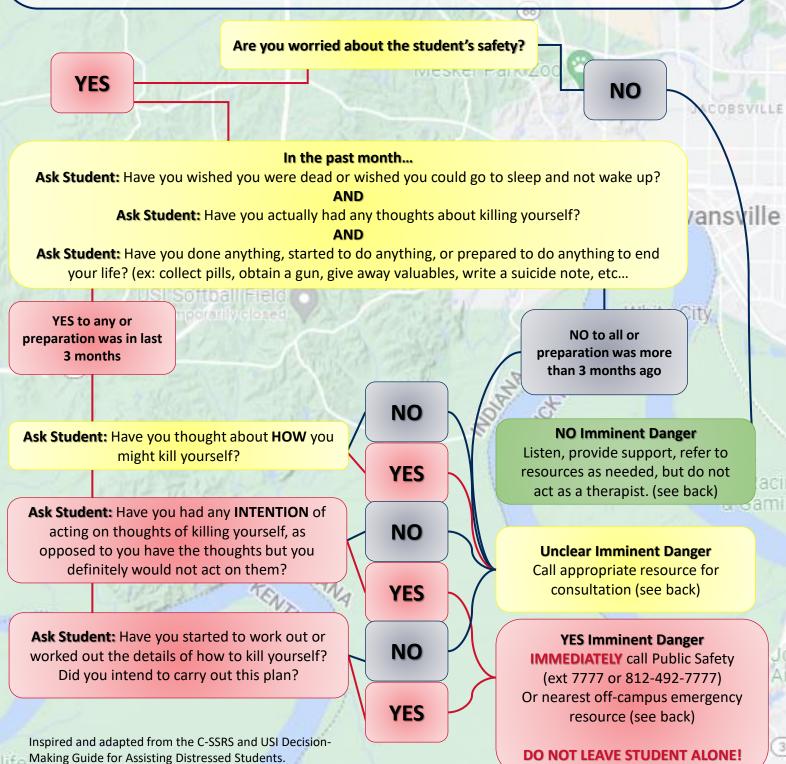
Student appears distressed or displaying warning signs that their safety is at risk.

Signs of Distress:

*nervousness *agitation *irritability *seldom leaves room *tearful *change in academic performance *change in person relationships *undue aggressive or assertive behavior *fearful *frequent alcohol and/or drug use

Warning Signs:

*withdrawal from others *talks about or threatens suicide *makes statements such as "I want this all to end" or "I can't go on anymore" *significant confusion *behavior is bizarre, alarming, and/or dangerous *makes statements about hurting or killing others *marked change in behavior/mood/hygiene *frequent crying, insomnia, oversleeping, weight loss/gain, or loss of pleasure *engagement in self-harm (ex: cutting)



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Imminent Danger Examples and Resources

NO Imminent Danger (EXAMPLES)

While denying homicidal/suicidal thoughts and showing no warning signs....

...a student is very upset and/or crying about the end of a romantic relationship.

...a student reports anxiety and/or depression symptoms.

...a student recently experiences the loss of a loved one.

...a student is not connecting socially as much as they express that they would like to be.

...a student expresses displeasure regarding a recently received grade from a class or a poor performance.

Campus Resources

Academic Skills/Tutoring/Writer's Room	464-1743
Advising Centers	
usi.edu/university-division/usiad	visingcenters/
Care Team usi.edu/deanofstudent	ts/care-team
Career Counseling	465-1606
Career Services & Internships	464-1865
Center for International Programs	465-1248
Counseling and Psychological Services	464-1867
(also available for staff/student consultation)	
• TimelyCare (app/browser access) – free for USI students	
• TalkCampus (app/browser access) –free for USI students	
Dean of Students	464-1862
Disability Resources	464-1961
Institutional Equity Office (Title IX)	464-1703
Intensive English Program	461-5365
IT Help Desk	465-1080
Multicultural Center	465-7188
Public Safety	
Emergency	492-7777
Routine Business	464-1845

Unclear Imminent Danger (EXAMPLES)

While denying homicidal/suicidal thoughts (in the past month) and showing some warning signs....

...a student reports history of self injurious behavior.

...a student is found intoxicated.

...a student makes suggestively suicidal statements (ex: "I don't know if I can keep going...).

...a student is distraught but unresponsive to contact efforts.

...a student's work or communication contains content of a concerning nature.

...a student acts out of character

YES Imminent Danger (EXAMPLES)

Direct statements of risk have been noted or undeniable warning signs have been observed or reported...

... a student is found disoriented, unconscious, or unresponsive.

...a student reports misusing and/or overusing prescription medication.

...a student is threatening immediate danger to self or others (ex: hanging self, wrecking their car, ingesting large quantities of pills, acquiring a weapon, seeking someone out to injure them, etc...).

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Recreation, Fitness, & Wellness	461-5268
Registrar's Office	464-1762
Student Financial Assistance	464-1767
Student Support Services	465-1606
'University Health Center	465-1250

Off-Campus Resources (Evansville Area)

Southwestern Crisis Line & Mental Health Services (Evansville Area): 812-422-1100 Albion Fellows Bacon Center, Domestic Violence: 812-422-5622

Albion Fellows Bacon Center, Sexual Assault: 812-424-7273

Off-Campus Resources (National)

National Suicide Prevention Lifeline: 1-800-273-TALK (8255) National Suicide & Crisis Lifeline: 988 National Sexual Assault Hotline: 1-800-656-HOPE (4673) or live chat online TrevorLifeLine (LGBTQ Support): 866-488-7386 TrevorText – Test "START" to 678678

SOUTHERN

Counseling and Psychological Services

TrevorChat.org